

No	Outcomes	Outputs/Targets	Activities
I	<b>Awareness among targeted beneficiaries on health and nutrition increased and nutritional behaviour improved</b>		
1	Maternal and child health's cadres increased their knowledge and skills to work and facilitate mothers and families with stunting, pregnant women, young families, and adolescents on how to prevent stunting and to promote personal and environmental hygiene	16 mother and child health's cadres (females and males) participated in refresher training and facilitation skills (1 off line and 1 online)	<p>2 days cadre training to increase knowledge on the promotion of health and nutrition, including preventing stunting, and community facilitation (offline)</p> <p>1 day cadre refresher training to increase knowledge on the promotion of health and nutrition, including preventing stunting, and community facilitation (online)</p>
2	Knowledge, Information, and Education (KIE) Material to prevent stunting and to promote personal and environmental hygiene are available, accessible, and disseminated	100 copies of KIE material reproduced and to be available among cadres and in the Posyandu house's library	<p>Reprinting and disseminating workable KIE material</p> <ul style="list-style-type: none"> <li>a. KIE reprinting and distribution to cadres and made available in the Posyandu's library</li> <li>b. Introduction on how to use KIE material to health cadres and youth groups</li> </ul>
3	Awareness of targeted communities on the importance of health and nutrition to the mother and child's health increased	<p>1. A. Awareness raising and counselling to mothers and families with stunting children and low weight children below 5 as well as pregnant mothers are carried out through regular Posyandu meetings and counselling</p> <p>B. Home visits for counselling and mentoring as well as monitoring to</p>	<p>Establish Posyandu Cadre Forum and facilitate the Forum to meet every month</p> <p>To facilitate Posyandu cadres and health staffs of Puskesmas to carry out home visits and counselling</p>

		<p>households with stunting children and low weight children below 5 and pregnant women are carried out, facilitated reported using android phone regularly</p> <p>2. Awareness raising and counselling to mothers and families with stunting children and low weight children below 5, young mothers and broader using interesting media (film ) are carried out every 2 months</p>	
4	Knowledge on how to reduce, control and mitigate stunting among health staffs in East Sumba District increased through a half day webinar	A webinar on how to reduce, control and mitigate stunting for health staffs in East Sumba District organized (online)	To organize a half day webinar on how to reduce, control and mitigate stunting for health staffs in East Sumba District (online). Resource persons : DR.dr Tan Shot Yen, M Hum, Community nutrition expert, from the Dr Tan & Remanlay Institute. Moderator : Indana Lazulva
4	Posyandu meetings organized and regularized in an appropriate, healthy, and enjoyable environment	<p>1. Posyandu house equipped with clean toilet and clean water</p> <p>2. Posyandu house is equipped with appropriate and clean kitchen and sufficient utensils</p> <p>3. Posyandu house is equipped with a bookshelf</p>	To construct/renovate Posyandu's toilet and kitchen and purchase/distribution of Posyandu's kitchen utensils and book shelves, posters for the day care

		<p>with health and nutritional books and materials</p> <p>4. Posyandu house, which also functions as a day care, served children to learn about healthy food and snacks</p>	
	<b>Healthy Food Locally Available</b>		
5	Healthy food are available, consumed, and practiced as behaviours	<ol style="list-style-type: none"> <li>1. Integrated farm to plan vegetables, to raise chicken/ducks, and to establish development piloted, adopted, and replicated, developed and maintained</li> <li>2. Healthier food menu and recipes trained, adopted, and practiced</li> <li>3. Stoves in targeted households developed, utilized, practiced, and maintained</li> <li>4. Kitchen appliances in targeted households purchased, distributed, and utilized</li> <li>5. Drinking water collected in appropriate pound and boiled</li> <li>6. Rindi Village's food festival is organized at the end of the 1<sup>st</sup> year of the Project</li> </ol>	<ol style="list-style-type: none"> <li>1. To develop 4 pilots of integrated Farm and maintain them.</li> <li>2. To train Posyandu cadres and mothers on preparing healthy food from available material</li> <li>3. To construct/renovate stone stoves of households with stunting and low weight children</li> <li>4. To purchase and distribute kitchen appliances (pan and wok) to households with stunting and low weight children</li> <li>5. To purchase and distribute drinking water filter/container</li> <li>6. To facilitate the community to organize Rindi's village food festival, displaying food made of local materials</li> </ol>

6	Stunting controlled, monitored, and reported	<ol style="list-style-type: none"> <li>1. Food supplements from the Puskesmas and from the Project distributed to children with stunting and low weight and consumed</li> <li>2. Healthy food consumed by families with children with stunting and low weight</li> <li>3. Health and nutritional health status are improved, recorded and monitored</li> <li>4. Project activities implemented, managed, and reported</li> <li>5. Village government and Posyandu cadres regularly communicated with health staffs of the local Puskesmas</li> </ol>	<p>To provide food supplements in the monthly Posyandu's meetings</p> <p>To purchase and distribute egg and milk for stunting and low weight children and pregnant women</p> <p>To provide necessary health referral of children with serious health issues to the local hospital (RSD Waingapu)</p>
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